

Raymond Terrace Athletics Centre

Newsletter 9 25 January, 2025

www.raymondterraceathletics.com.au

Cancellation No: 4983 1407 and RTAC facebook page

HAPPY NEW YEAR AND WELCOME TO PART 2 OF OUR SEASON!

We hope you had a wonderful Christmas and relaxing January. It's going to be very busy.

TODAY IS WEEK 4

With this being a long weekend, we are again short of helpers, so we're really appreciate of any support you can provide.

CANTEEN

Due to helper shortages, we only have drinks, ice cups and snacks today.

NSW COUNTRY CHAMPIONSHIPS LAST WEEKEND

At this 3-day event last weekend, we had 12 of our athletes compete at Maitland in some horrendous conditions. Despite the weather, they still managed to bring home a commendable 10 Gold, 4 Silver and 2 Bronze medals. Three other RTAC athletes who don't compete with us also won 2 Gold, 2 Silver and 1 Bronze. There were also numerous PB's and several narrowly missed medals.

Congratulations to:

9 yr - Aiden Langlois - 4th Discus, **Matilda Shawyer** - 5th Long Jump,

10yr - Evie Gentle – 6th 800m, 11th 200m,

12 yr - Asher Macdonald – Gold - Long Jump, Bronze - Triple Jump, **Callum Langlois** – 4th Jav, 8th 800m,

13 yr - Audrey Russell – Silver – **Open** 3000m road walk, Bronze 1500m, Bronze – 1500m & 3000m,

16yr - Ashlyn Wall – Gold 400m & 800m, Silver 100m, **Hayley Ledwidge** - 5th Discus, **Zane Edwards** - Gold - 100m, 110m Hurdles, 200m & 400m, Silver – 400m Hurdles, **Ben Nicholls** 4th 400m hurdles, 6th 400m, 8th 100m final & 200m heats, **Brooklyn Darcy** - Gold 800m, Silver High Jump, 4th 400m, 7th 100m

U20 - Connor Matthews - 1st Long Jump & Triple Jump.

CHRISTMAS RAFFLE AND LOLLY GUESSING COMPETITION

Thank you to all of our families for your support of these 2 fundraisers. The raffle raised \$849 and the guessing competition \$54.50. **These funds were put towards the new timing system which cost \$892.**

We have also purchased a replacement laptop \$1024 and new walkie talkies \$786.

Prize winner list next week.

REGION CHAMPIONSHIPS AT MAITLAND FRI 7th FEB TO SUN 9th FEB

The first 2 placegetters in events will automatically qualify for the State Championships in Sydney.

For 9's, 10's, 11's, 12's, next best qualifiers will come from results at all Region Championships only.

For 13's (U14), 14's (U15), 15's (U16), next best qualifiers will come from performances at; • Region Championships • Treloar Shield Metropolitan rounds (including the final excluding Hunter Summer Series) • Country Championships.

NSW COMBINED EVENT AT GRIFFITH 1 & 2 MARCH FOR 9'S TO MASTERS

Entries close MIDNIGHT Wednesday 13 February for NSW Combined Event 9's to Masters.

On both days of the event, there will be free sessions **for 6's from 10 – 11am**. There is no need to pre-register 6's, just head to the Information marquee in uniform, at 9:45 each day. Cost \$40 per athlete.

UPCOMING EVENTS:

Sat 1 Feb

Centre Meet

Fri 7 – Sun 9 Feb

Region Championships, Maitland

Sat 8 Feb

Centre Meet TBC

Sat 15 Feb

RTAC Round 2 Centre Championships TBC

Wed 19 Feb

Entries close MIDNIGHT for NSW Combined Event 9's to Masters

Sat 22 Feb

Centre Meet

Sat 1 Mar Centre Meet
Sat 1-2 Sun Mar NSW Combined Events for 7's to Masters – Griffith Regional Sports Centre
Sat 8 Mar Final Centre Meet TBC
Th13 to Sun 16 Mar Junior State Championships - 13's to U20 - SOPAC
Sat 22-Sun 23 Mar LANSW Hart Sort State Champs – 9's to 12's – SOPAC
Sat 20-Sun 23 Mar Open State Championships - SOPAC

Raymond Terrace Bowling Club

Proud to be supporting Raymond Terrace Athletics Centre